



Lessons Learned In Interdisciplinary Training from a Decade of Feedback

Sheela Rao, MD, MACM; Patrice Yasuda, PhD, Doug Vanderbilt MD, MPH

Introduction

Pediatricians play an integral role in the lives of children with disabilities and their families. Yet frequently there is little content taught on disabilities in their standard medical training. Physicians who have completed our CA-LEND long-term curriculum have given us feedback that the time in LEND has been worthwhile, and in fact, suggested that the pediatric residents should be exposed to this information as well. For the past 10 years, the CA-LEND has piloted different formats to providing this training within the limited time frame that residents have. We have now created a model that allows us to provide all CHLA pediatric residents a medium term LEND certificate at the end of their third year of pediatric residency. This program housed within the residency training infrastructure allows us access to all of the residents in training over their three years of training.



Goal

The goal of this training program is for all pediatric residents to complete the medium-term LEND program with knowledge, skills, attitudes and behaviors to promote a collaborative therapeutic relationship with any individual with a special health care need as defined by the American Academy of Pediatrics: "those who have or are at increased risk for a chronic physical, developmental, behavioral, or emotional condition and who also require health and related services of a type or amount beyond that required by children generally".

Curriculum Objectives

- . Share a family-centered care perspective
- . Identify useful resources and evidence-based treatment approaches that bridge multiple disciplines
- . Appreciate how therapeutic relationships can impact the life course of an individual



Examples of LEND conference topics

- Supporting the Feeding Dyad
- Autism- A Sibling's Perspective
- Special Education and ADHD
- Pediatric Malnutrition
- Role of Physical Therapy in a Collaborative Team Model
- Coding for Malnutrition- Synergy of Team Approach
- Caregiver Stress
- Bilingual Language Development
- Maternal Depression and Lactation
- Perspectives on Delivering News
- Learn the Signs, Act Early

Quotes From Participants when asked

What was the most valuable thing you learned in today's discussion?

- "Hearing the sibling's perspective was so enlightening!"
- "I liked the mindfulness exercise"
- "Consider the patient not the patient's diagnosis"
- "To remember that our words are often very important because we're doctors. It's easy to forget sometimes..."
- "Thinking of all parties and their thought process for decisions for these sensitive cases"
- "New framework for looking at ethical dilemmas"
- "motivational interviewing"
- "Encourage bilingualism"



Methods for Evaluation

Feedback forms are distributed and collected at every conference.



Potential Impact

1. Inform Future Conference Topics

- "Addressing cultural differences in caring for children with disabilities"
- "How to help Families Navigate the System i.e. Home med delivery, equipment, home health, transportation"
- "How to discuss a prognosis of the most devastating conditions"
- "The legal aspects that pertain to end of life decisions"

2. Inspire changes in practice/ delivery of health care

- "Ensure proper documentation of malnutrition"
- "Try to Empathize More"
- "This lecture will give me more courage to admit that I don't know"
- "referring parents to ASHA website for activities"

3. Improve the quality of future presentations

- "It would be a little easier emotionally for me to hear more positive experiences as opposed to so many negative stories!"
- "Often us in training are more sensitive than those training us, and we feel terrible about the situation. Maybe it would be good as well to talk to some physicians who were trained earlier about these things."

References

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